

Consequences... the never ending story of dental care

Consequences of the lack of dental and oral hygiene are many: bad breath; terrible smile; appearance of stains and marks on the top, front or sides of the teeth. Moreover, food degradation acids damage enamel where there's no brushing or flossing creating cavities, damaging the dental nerve and leading inescapably to dental infection and heavy pain. Tartar also accumulates at the base of and in be-

tween the teeth, under the gum leading to gum inflammation, bleeding and recession, alveolar bone inflammation and destruction, root of the concerned teeth exposure, teeth mobility and even loss with variable but constant pain all along the process.

Loss of teeth leads to social depreciation, an ugly smile, lack of confidence and sex-appeal, bad chewing, incomplete and harder digestion and assimilation of food,

gain of weight, damage to vital organs, general diseases and shortening of the life time...

That is to say teeth constitute some kind of natural treasure everyone has been granted at birth and are responsible for, once again, the life time.

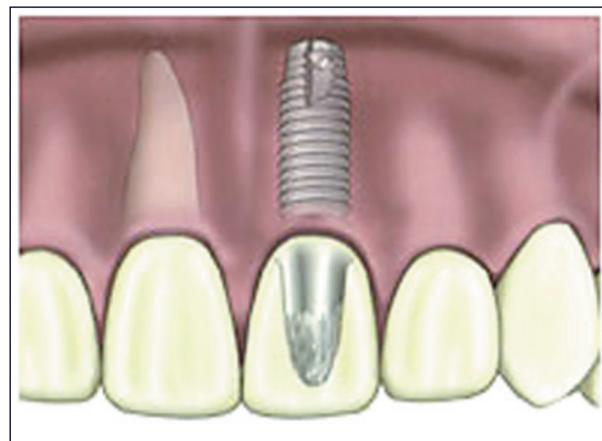
These consequences are so many and so dramatic in terms of waste of time, amount of pain and money expenses that parents should think of not allowing their children to go to bed without brushing their teeth, with some candies or soft sweetened drinks in their feeding bottles still in their mouth. In the same way, parents should pay attention that their children don't have food and candies in between meals. Around the age of 8 for girls and 10 for boys, parents should make an orthodontist appointment for their children so that it could be determined if any wire and braces are necessary to straighten the teeth and harmonize the face. This will drastically make more efficient the cleaning of the teeth and will save them from being damaged by cavities. Teenagers should all start

to floss in between their teeth; they should also start to get their mouths cleaned by the dentist at the very least once a year.

In case of an unfortunate extraction, you shouldn't stay with a gap in your mouth. You should have your missing tooth replaced within four to six months, because opposite arch and side teeth won't be any longer stabilized and will move to bad positions leading once more to new cavities, gum and bone damages and all the consequences we previously focused on.

Using implants to replace your missing teeth are preferable for many good reasons:

- Bridges will damage the side teeth because of the big drilling which is necessary to make them, then will stick and make your teeth work together which will lead to overloading and breakage of the remaining teeth. It will also result in a more difficult cleaning of your teeth which will cause gum attachment losses and alveolar bone defects and as a final consequence, a big loss of the remaining



The implant replaces the missing root of the missing tooth

bone delaying or prohibiting any possibility to easily place implants.

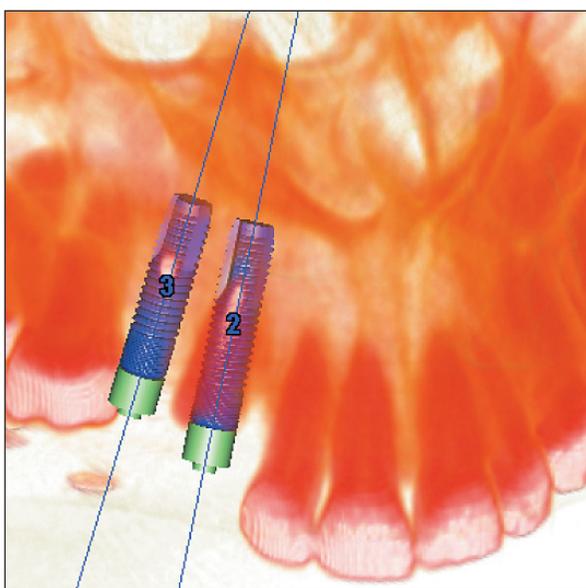
- Dentures will make your remaining teeth more fragile and more breakable and when it won't be possible to add some more teeth on your denture, time will have passed for the bone level to be high enough to easily receive implants and, finally, after years of discomfort, there will be no immediate and easy way to place implants and to provide you with the individualized brand new teeth you've always been dreaming of.

- When having this nice and great opportunity to be eligible for receiving

implants, the best results in terms of reliability, performance and aesthetics will be obtained for sure through computer guided implantology, which is the only kind of implants placement that is ideal, predictable and safe.

All scientific information and pictures with the courtesy of SXM Dental Institute.

To learn and understand some more about accurate and aesthetic dental treatments, go to:
<http://sxmdentalinstitute.creation-website.com>



3D planification of two implants with Computer Guided Implantology

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